Emergency Preparedness Kit

The Basics

Making sure that you and your family have an emergency preparedness kit ready to grab and go at a moment's notice is essential. Follow the guidelines below on things to pack to make sure you're staying safe during unexpected times.

✓ Check items off the list as you collect them for your kit

- Water (1 gallon per person per day for at least three days)
- Food and can opener (at least a three-day supply of nonperishable food)
- First-aid Kit
- Radio (battery-powered or hand crank) and a NOAA weather radio with tone alert









Whistle

- Flashlight and extra batteries
- Wrench or pliers
- Plastic sheeting and duct tape









- Moist towelettes, disinfecting wipes and garbage bags
- Dust masks/Face coverings
- Local maps
- Cellphone with charger and a backup battery









Additional Items to Consider

If you have pets, young children or seniors, what you will need in your kit may look a little different.

- □ Prescription medications and glasses
- Extra food and water for pets
- ☐ Family documents
- Cash and change
- ☐ Sleeping bag/warm blanket for each person
- ☐ Complete change of clothing for each person
- Matches in a waterproof container
- Feminine personal hygiene supplies
- ☐ Mess kits, disposable plates, caps and utensils
- ☐ Books, games, puzzles and activities for children

Emergency Preparedness Kit Tips

Storing Your Kit

- Make sure your kit is stored in a watertight container like a large storage tub. It keeps everything in one place and it's fairly easy to move if you have to evacuate.
- Keep your kit in a designated place and have it ready in case you have to leave your home quickly or shelter in place. Make sure all family members know where the kit is stored.
- Maintain your kit by updating its contents as your family's needs change. Don't forget to replace expired items.

For more recommendations on what to pack in your kit, visit https://www.ready.gov/kit

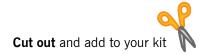
For more on storm preparedness, visit https://www.duke-energy.com/safety-and-preparedness/storm-safety



Emergency Contacts

Make sure you have the numbers for your emergency contacts, friends and family, local utilities and emergency responders.

Notes			



EMERGENCY CONTACTS					
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